

**25
January
2025**



RASH

Refugees & Asylum Seekers
Health course

**Christchurch
Central,
Sheffield**

God calls us to care for the stranger in our midst, to protect orphans and widows, to 'act justly and love mercy'. (Micah 6:8) How does this translate to the way we care today?

Over the past 20 years, hundreds of thousands of refugees have come to the UK, with many seeking asylum. The 'Refugees and Asylum Seekers Health Course' (RASH) aims to equip Christian healthcare practitioners and others to:

- Improve knowledge of the healthcare needs, responses and challenges for refugees and asylum seekers in the UK
- Hear examples of good practice
- Foster a dialogue among those working with refugees and asylum seekers for mutual encouragement and support
- Inspire creative ways to engage with health systems for better provision, support, and care

The programme is an interactive learning experience led both by those who have been refugees and those who are healthcare professionals in this field. Local charities or churches working with refugees and asylum seekers will also find this day useful. If you encounter people from outside the UK in your everyday practice, then this is the day for you.

For more details or enquiries, contact the Global Coordinator:

T: 020 7234 9669

E: globalcoordinator@cmf.org.uk

<https://cmf.li/RASH25>

Saturday 25 Jan

- 10:00 Arrival & Coffee
- 10:30 Welcome & introduction to the day
Fi McLachlan
- 10:35 Are we called to be 'Good Samaritans'?
Fi McLachlan
- 10:45 A chance to shape the day
- 11:00 Commonly presenting problems
Andy Lephard
- 11:30 Common stress factors, short-term and long-term psychopathology among refugees, and efficient approaches
Bert Nanninga
- 12:00 Small Groups
- 12:10 Women and children come first?
Jess Keeble
- 12:40 Trafficking and Trauma
Barbie Nash
- 13:10 Q&A session
- 13:15 Lunch
- 14:00 Seminar Session 1. Choose from:
- A. Arrival in the UK - Our complex and changing asylum system
- B. Housing issues when in the asylum system
Rich Jones
- 14:45 Seminar Session 2. Choose from:
- C. The faith journey of an asylum seeker
Paul Mehdi
- D. Experiences of accessing health services including 'Helping refugees and Asylum Seekers navigate healthcare in the UK'
Chris Bronsdon
- 15:30 Open discussion/questions
- 16:30 Close

CONTRIBUTORS

Fi McLachlan

is head of CMF Global, with a background of involvement in healthcare management and mission.

Andy Lephard

is a GP based in Bradford, with a special interest in refugee and asylum seeker health

Bert Nanninga

is a transcultural psychiatrist who specialises in psychotrauma and migration. As a former long-term tropical practitioner, he now works with refugees and migrants with mental health problems in The Netherlands.

Paul Mehdi

is a refugee from Iran living in the UK. He is passionate about sharing the good news of Jesus and has worked for several Christian organisations.

Chris Bronsdon

is a GP in Sheffield since 1999 with a focus on cross-cultural medicine, use of interpreter, and healthcare for asylum seekers and refugees.

Rich Jones

is a Client Support worker at Boaz Trust. He provides tailored one to one support to the male asylum-seeking clients living in Boaz Trust accommodation.

Barbie Nash

is a PhD Researcher and Lecturer at Nottingham Trent University and an ambassador for Hope For Justice since 2015. She speaks at community and faith events, hosts educational programmes, and serves on research boards to advance anti-slavery initiatives.

Jess Keeble

is a GP at Bevan Healthcare in Bradford, and Training Programme Director for the Bradford GP Specialty Training Scheme.

GENERAL INFORMATION

VENUE

Christ Church Central
The DQ Centre,
Fitzwilliam Street,
Sheffield,
S1 4JR

TRAVEL

See Christ Church Central website: <https://www.christchurchcentralsheffield.co.uk/new/> for full venue location and details.

The building is between Devonshire Point and the Imperial Signs warehouse, and just down the hill from Devonshire Green - just look out for the signs.

By Train:

12 minute walk from Sheffield's main train station, or a 5 minute taxi ride.

By Bus:

The nearest bus stops are Fitzwilliam Street/Wellington Street, Moor Market or Moore Street



Book online:
<https://cmf.li/RASH25>



**Bookings close on Wednesday, 22
January 2025**

All bookings are based on available spaces, please book early to avoid disappointment.

If the event is cancelled you will be eligible for a refund. No refunds will be given for cancellations less than two weeks before the course except under exceptional circumstances.

LOCAL ORGANISER

*For local enquiries, contact Rachel Hopkins via rjhopkins28@gmail.com.
For general enquiries, contact the Global Coordinator:
globalcoordinator@cmf.org.uk*

COST

The cost for the day includes the full day conference, lunch and refreshments on Saturday 25th Jan. Ensure you outline any dietary requirements you may have when booking.

Booking Options:	£
Charity Workers:	20.00
Charity Workers PM Only/Non-medical Church Members:	10.00
Foundation Year and Retired:	25.00
Nurses and Midwives:	25.00
Qualified Doctors:	40.00
Unwaged and Students:	10.00

